

# 3RD SUNDAY OF LENT

## MARCH 7, 2021



## The Cleansing of the Temple

JOHN 2:13-25

Since the Passover of the Jews was near,  
Jesus went up to Jerusalem.  
He found in the temple area those who sold oxen, sheep, and doves,  
as well as the money changers seated there.  
He made a whip out of cords  
and drove them all out of the temple area, with the sheep and oxen,  
and spilled the coins of the money changers  
and overturned their tables,  
and to those who sold doves he said,  
“Take these out of here,  
and stop making my Father’s house a marketplace.”  
His disciples recalled the words of Scripture,  
*Zeal for your house will consume me.*  
At this the Jews answered and said to him,  
“What sign can you show us for doing this?”  
Jesus answered and said to them,  
“Destroy this temple and in three days I will raise it up.”  
The Jews said,  
“This temple has been under construction for forty-six years,  
and you will raise it up in three days?”  
But he was speaking about the temple of his body.  
Therefore, when he was raised from the dead,  
his disciples remembered that he had said this,  
and they came to believe the Scripture  
and the word Jesus had spoken.

While he was in Jerusalem for the feast of Passover,  
many began to believe in his name  
when they saw the signs he was doing.  
But Jesus would not trust himself to them because he knew them all,  
and did not need anyone to testify about human nature.  
He himself understood it well.

## EXPLORE THE GOSPEL



Either before or after a Sunday meal together, have a designated member of the family read the Gospel. Other family members should listen attentively. Then have each family member share an insight about the Gospel.

Discuss the following questions as a family:

- Why do you think Jesus responded so strongly in today’s Gospel?
- How does today’s Gospel connect with the death and resurrection of Jesus, which we celebrate in a few weeks?



## FAMILY FUN

### God-Made vs. Human-Made

We hear in today’s Gospel about what people have made (the temple) and what originates from God. This game is a fun and easy way to teach young children about God as creator and giver of all good gifts. Point to an object and ask, “human-made or God-made?” Children are then invited to respond. This game is a lot of fun and can lead to many teachable moments. For example, is a couch human-made or God-made? A couch is human-made but God gave the human the intelligence and creativity to design it, and strength and diligence to assemble it.



Pro-Cathedral of  
**ST. MARY**

— Est. 1877 —

Families are encouraged to share what they are doing to celebrate each Sunday by using the hashtag [#ReclaimingSundays](#) on social media!

## FAMILY PRAYER

# Litany of the Sacred Heart of Jesus



*The Sacred Heart of Jesus is a wonderful devotion that allows us to focus on the burning love of Jesus' heart for all of us. As many of us know, our new Eucharistic Adoration Chapel is dedicated to the Sacred Heart of Jesus. Select one person to be the leader of the Litany of the Sacred Heart and all others read the responses in bold.*

Lord, have mercy, **Lord, have mercy**  
Christ, have mercy, **Christ, have mercy**  
Lord, have mercy, **Lord, have mercy**

God our Father in heaven,  
**have mercy on us**

God the Son, Redeemer of the world,  
**have mercy on us**

God the Holy Spirit,  
**have mercy on us**

Holy Trinity, one God,  
**have mercy on us**

Heart of Jesus, Son of the eternal Father, ...  
Heart of Jesus, formed by the Holy Spirit in the womb  
of the Virgin Mother, ...

Heart of Jesus, one with the eternal Word, ...

Heart of Jesus, infinite in majesty, ...

Heart of Jesus, holy temple of God, ...

Heart of Jesus, tabernacle of the Most High, ...

Heart of Jesus, house of God and gate of heaven, ...

Heart of Jesus, aflame with love for us, ...

Heart of Jesus, source of justice and love, ...

Heart of Jesus, full of goodness and love, ...

Heart of Jesus, well-spring of all virtue, ...

Heart of Jesus, worthy of all praise, ...

Heart of Jesus, king and center of all hearts, ...

Heart of Jesus, treasure-house of wisdom and knowledge, ...

Heart of Jesus, in whom there dwells the fullness of God, ...

Heart of Jesus, in whom the Father is well pleased, ...

Heart of Jesus, from whose fullness we have all received, ...

Heart of Jesus, desire of the eternal hills, ...

Heart of Jesus, patient and full of mercy, ...  
Heart of Jesus, generous to all who turn to you, ...  
Heart of Jesus, fountain of life and holiness, ...  
Heart of Jesus, atonement for our sins, ...  
Heart of Jesus, overwhelmed with insults, ...  
Heart of Jesus, broken for our sins, ...  
Heart of Jesus, obedient even to death, ...  
Heart of Jesus, pierced by a lance, ...  
Heart of Jesus, source of all consolation, ...  
Heart of Jesus, our life and resurrection, ...  
Heart of Jesus, our peace and reconciliation, ...  
Heart of Jesus, victim of our sins, ...  
Heart of Jesus, salvation of all who trust in you, ...  
Heart of Jesus, hope of all who die in you, ...  
Heart of Jesus, delight of all the saints, ...

Lamb of God, you take away the sins of the world,  
**have mercy on us**

Lamb of God, you take away the sins of the world,  
**have mercy on us**

Lamb of God, you take away the sins of the world,  
**have mercy on us**

Jesus, gentle and humble of heart,

**touch our hearts and make them like your own.**

Let us pray: Grant, we pray, almighty God, that we, who glory in the Heart of your beloved Son and recall the wonders of his love for us, may be made worthy to receive an overflowing measure of grace from that fount of heavenly gifts. Through Christ our Lord. **Amen.**

From: <https://www.usccb.org/prayer-and-worship/prayers-and-devotions/litanies/litany-of-the-sacred-heart-of-jesus>



## RECIPE OF THE WEEK

### Mexican Chicken and Rice

*Today's Gospel teaches us that it took 46 years to build the temple in Jerusalem. This chicken and rice recipe takes less than 46 minutes to make! Enjoy this quick and simple dinner on a busy weeknight.*

#### INGREDIENTS:

- 4 small boneless skinless chicken breast halves
- 1 c. salsa
- 1 package (2.5 oz.) taco seasoning mix
- 2 c. water
- 2 c. uncooked instant rice
- 1 can (8 oz.) corn, drained
- 1 c. shredded cheddar cheese

#### DIRECTIONS:

1. Bring chicken, salsa, taco seasoning mix, and water to boil in a large skillet. Cover and simmer 10-15 minutes, or until the chicken is cooked.
2. Return the mixture to a boil. Stir in instant rice and corn.
3. Sprinkle the mixture with cheese. Cover and cook on low heat for 5 minutes.
4. Serve the chicken and rice on its own or with a tortilla or chips.